

**2022**

# **RULES and REGULATIONS**

## **PLAYER SEASONAL SOCCER LEAGUE UNITED**

Require masking for youth and adult sports participants, coaches, and support staff.



# 2022

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## Section 01 – General

These Rules and Regulations govern the activities of Player Seasonal Soccer League United. Where conflicts arise, these Rules and Regulations are subordinated to the laws of the United States, the State of California, the City of Los Angeles, and the Constitution and Bylaws of Player Seasonal Soccer League United, in that order of priority. In these Rules and Regulations, Player Seasonal Soccer League United will be referred to as PSSLU, the league, or Spring League or Summer League. These guidelines are intended to address Return To Play from the suspension of activities caused by COVID-19. The guidelines outlined in this document are recommendations for your league and your clubs to allow players to resume and engage in some activities outdoors in a safe manner. These recommendations are based on information provided to us by US Youth Soccer, CDC, the State of California, and local health experts.

### A. Applicable Documents

The following documents are incorporated into the Rules and Regulations by reference:

1. Constitution and Bylaws, Player Seasonal Soccer League United, Carson, October 2016.
2. Constitution, Bylaws, Rules and Regulations, California Youth Soccer Association "Protest, Appeal, and Disciplinary Hearing Procedures", Manual of Operation, California Youth Soccer Association
3. Laws of the Game and Universal Guide for Referees, Cal South, FIFA Rules

### B. Publication of Rules

The Rules and Regulations of PSSLU shall be published annually, before the start of the regular playing season. They will be distributed to all members of the PSSLU Board of Directors, all coaches, all team parents, and all referees. When these Rules and Regulations are amended during the regular playing season, addenda shall be published and distributed as described in this paragraph. PSSLU will publish and distribute the Rules and Regulations, and any addenda that are required.

### C. Amendment of Rules

These Rules and Regulations have been adopted by the Board of Directors of PSSLU and may be amended or revised at any regularly scheduled board meeting, provided that the following requirements have been met.

#### 1. Written Notice

Proposed changes or additions to these Rules and Regulations must be submitted to the Board of Directors in writing to be added to the agenda of a scheduled board meeting prior to any discussion of the proposed changes or additions.

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## **Voting Majority**

A two-thirds majority of the required quorum present at any regularly scheduled board meeting shall be required for the passage of any changes or additions to these Rules and Regulations.

## **D. Endorsements**

PSSLU shall not provide endorsements of any political candidates or positions, nor allow its documentation or facilities to be used for such purposes. Endorsement shall be broadly defined as allowing the use of the name or the logo of the league to be affixed to materials that publicize such candidates, or positions, or any verbal implications of official support of the league. PSSLU may allow commercial enterprises to advertise in the league's official publications to sponsor the league. These advertisements or sponsorships must be approved in a scheduled Board of Directors meeting.

## **E. Financial Disclaimer**

PSSLU specifically disclaims financial responsibility for, and shall not assume nor be held liable for, the debts or financial obligations, either express or implied, of any team, or any coach, officer, official, or member of any team, unless the Board of Directors has specifically authorized the debt or financial obligation.

## **What are general requirements that must be followed?**

- Observers maintain at least 6 feet from non-household members.
- No sharing of drink bottles and other personal items and equipment.
- No one with symptoms of COVID-19 or who is in isolation or quarantine for COVID-19 is permitted to attend practices or competitions.
- Anyone with symptoms of COVID-19 should consult their physician for testing and notify their coach, athletic trainer and/or school administrator of their symptoms and test results.
- Be considerate & keep in mind that every child who has had COVID-19 will have a different path of return to sports based on the severity of their illness.

## **Will players be required to wear face covering when playing soccer?**

- Face covering are encouraged to be worn. Please see the following link for more information: <https://services.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/clinical-guidance/covid-19-interim-guidance-return-to-sports/>
- However; face coverings are TO BE WORN by coaches, support staff and observers at all times.
- Referees do not need to wear face coverings while on the field.

## **Will parents need to sign a waiver prior to kids playing?**

- Yes. Due to the nature and risk of transmission while participating in Outdoor High-Contact and Moderate-Contact sports, provide information regarding risk to all parents/guardians of minors participating in such sports, and have each parent sign an informed consent indicating their understanding and acknowledgement of the risks indicated herein.

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## Section 02 - Seasonal Year

The Spring League for PSSLU shall begin on the first week of December and shall end on the last week of April of the following year. The Summer League shall begin the first week of May and end the last week of August of the year in course. The activities of PSSLU during this seasonal year shall include, but not be limited to, the following.

### A. Regular Spring Playing Season

The official playing season of PSSLU shall begin March 19<sup>th</sup>, 2022, for players born from 2007 to 2015 and for players born from 2006 to 2004 and continue as scheduled by the Board of Directors. The PSSLU Board of Directors must approve modifications to these playing seasons.

## Rules Section 03 – Registration/Harassment

The registration of players will be open to boys and girls residing in Southern California who have not reached their twentieth birthday before January 1st of the current seasonal year. Registration to PSSLU as a recreational player and to another league or gaming circuit as a competitive player is not permitted in the concurrent seasonal year.

### A. Responsibility

The PSSLU Registrar or an assignee shall be responsible for the registration of players.

### B. Resolution of Conflicts

Any conflicts or issues that require a decision that is beyond the Registrar's area of responsibility shall be resolved by the Chairperson of PSSLU or his/her designee. The Chairperson's decision on these matters shall be final.

### C. Player Cards and Requirements for Registration

- a) To participate in any PSSLU game circuit, all players must have a Cal South player card or a PSSLU issued player card.
- b) To issue a PSSLU player card, the following requirements must be met:

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1. Parents or Legal Guardians must fill out and sign a player registration form and give it or email it to the PSSLU Registrar or an assignee.
2. Provide an age proof document of the player to be registered. Acceptable proof of age documents include Passport, DMV ID's, or Birth Certificate/Baptismal Certificate with School ID with picture and birthdate.
3. Pay a registration fee of \$15 dollars.
4. After all registration requirements are fulfilled, the PSSLU player card should be picked up the following day or before the next scheduled game.
5. Absolutely, no player will be playing any official PSSLU game without a Cal South or a PSSLU player card.

**a. Withdrawals**

If a player has registered, then withdraws his/her registration, that player may not re-register for the same seasonal year without the approval of the Board of Directors.

## **D. Proof of Age**

A presumption of age may be made for all returning players who played in PSSLU in previous seasons, provided that the Registrar still has a record of the player's age. All new players must submit suitable proof of age, e.g., Passport, DMV ID, School ID with picture and birthdate, and birth certificate/baptismal record accompanied with an ID with picture.

## **E. Age Challenge**

If at any time during the season a reasonable doubt arises about the age of any player, the PSSLU Registrar or an assignee will request proof of age of the player, following the procedure defined below:

**1. Oral Request**

An oral request for proof of age shall be made to the parent or guardian of the player and the player's coach shall be notified of the request. The date of the request for proof of age and the date that the coach was notified of the request shall be entered on the registration form. 72 hours will be allowed for a response to the oral request for proof of age.

**2. Written Request**

If no proof of age has been presented to the Registrar within 72 hours after an oral request has been made, then a written request will be sent to the player's coach/manager by email, with a copy to the player's parent or guardian. The written request shall state that if proof of age has not been received by a specific date (preferably a date prior to the next game), the player shall be suspended from participation in games until such proof is received.

**3. Failure to Comply**

If no proof of age is received after the conditions of **Section 3.E.2** have been met, the coach/manager shall be notified by email, as above, and the player shall be suspended from play until the proof of birth is provided.

**4. Coach's Error**

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If it is determined that a player has been playing in the wrong division, and it is further determined that the player's coach knew, or should have known, of the error, all games in which that player participated may be forfeited.

## F. Harassment

PSSLU will not tolerate any kind of harassment or other inappropriate behavior on the part of anyone involved in our League Circuit, regardless of whether harassment is verbal or physical, flagrant or subtle. Coaches and Team Managers (or any person) must report any type of harassment to PSSLU officials. Specifically, **SEXUAL HARASSMENT must be reported immediately.** Sexual harassment includes unwanted comments, touching, leering, gestures, objects display, jokes, verbal abuse and requests of sexual nature. **SEXUAL HARASSMENT MUST be immediately reported to Law enforcement** and to the PSSLU President. If sexual harassment occurs in the City of Lakewood call the Lakewood Police Department at 253-830-5070. If there a sexual attack in progress call 911 immediately.

## Rules Section 04 – Divisions

For the purposes of league play, teams are assigned to divisions based on players' age. The requirements and properties of these divisions are defined in the following paragraphs.

## A. Age Divisions

Age divisions shall be comprised of players who are born on the first day of January of the current seasonal year (see players age classifications given in Table 1). Only in exceptional cases are players allowed to compete in an age division younger than their age dictates. These exceptional cases must be approved by both the PSSLU Chairperson and the VP, giving due consideration to the players' welfare.

**Table 1. Summary of PSSLU Age Divisions and Game Duration**

<b>Division</b>	<b>Year born</b>	<b>Game Duration</b>	<b>Ball Size #</b>
<b>Boys/Girls U17 to U18</b>	<b>2006-2005</b>	<b>80 Minutes</b>	<b>5</b>
<b>Boys/Girls U15 to U16</b>	<b>2008-2007</b>	<b>70 Minutes</b>	<b>5</b>
<b>Boys/Girls U13 to U14</b>	<b>2010-2009</b>	<b>70 Minutes</b>	<b>5</b>
<b>Boys/Girls U11 to U12</b>	<b>2012-2011</b>	<b>60 Minutes</b>	<b>4</b>
<b>Boys/Girls U9 to U10</b>	<b>2014-2013</b>	<b>50 Minutes</b>	<b>4</b>
<b>Boys/Girls U7 to U8</b>	<b>2016-2015</b>	<b>50 Minutes</b>	<b>3</b>

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A five (5) minute intermission shall be allowed between halves

\*Overtime halves do not apply to PSSLU League

## **B. Number of Teams**

There shall be at least 8 teams in a division.

## **C. Boys and Girls**

There shall be separate programs for both boys and girls in each age group.

## **D. Flights**

Flight 1 and Flight 2 brackets will be existing ONLY in divisions with 12 or more teams. Top-level teams assigned to Flight 1 and the remaining teams to Flight 2.

## **E. Participation Awards**

- a. 2015-2010 (U6 to U12) will receive 12 medals. Any additional medals will need to be ordered beforehand and will be paid by the requestor team.*
- b. 2009-2005 (U13 to U18) 18 will receive medals. Any additional medals will need to be ordered beforehand and will be paid by the requestor team.*



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## Rules Section 05 – Teams

Within each of the age divisions, the number of players may vary.

The League Committee recommends a maximum number of players per team for each division.

For this calendar year, the maximum numbers of players are:

- **12 for U6 to U7 Teams (7v7)** 2015-2014-year-old players
- **16 for U8 to U11 Teams (9v9)** 2013-2010-year-old players
- **18 for U12 to U15 Teams (11v11)** 2009-2007-year-old players
- **22 for U16 to U19 Teams (11v11)** 2006-2004-year-old players- only 18 players can play in a game

### A. Games, points and untie criteria

All PSSLU games, tournaments and competitions will be played under The FIFA “Laws of the Game.”

Will use 3 point for a win, 1 point for a tie and 0 points for a lost game.

In case of same points, we will use the following criteria:

1. Head to head competition
2. Goals against
3. Goals in favor
4. Goal difference
5. Penalty kicks
6. Coin toss

### B. Field Cleanup

Teams are responsible for field cleanup following their games. Teams must take care of playing fields and adjacent facilities and make a reasonable effort to remove litter left by their players and spectators.

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## Rules Section 06 Coaches

Coaches must help PSSLU to maintain order, discipline and sportsmanship in our league competitions by observing the following directives:

1. Coaches are fully responsible for the conduct of their players, parents and fans. Coaches should be respectful, honest and positive leaders. Coaches are thus subject to disciplinary action if their players, parents and fans do not observe good behavior during our league competitions.
2. Coaches will discourage violence in the field, coach their teams to the best of their abilities, and encourage clean competition and good sportsmanship.
3. Any Coach ejected must have a Licensed Assistant for the game to continue. Ejected Coaches will be suspended based on the violation committed.
4. An ejected Coach must comply with any suspension imposed by PSSLU. Equally, if a player, parent or fan from his team is suspended, the Coach must make sure the suspension is fulfilled.

## Rules Section 07 Referees

### A. Referee Fees for the 2022 Seasonal Year (May be adjusted by referee association/or league)

BIRTHDATE	GROUP	HALFES	FIELD SIZE	PLAYERS	1 REF FEES (per team)	3 REF FEES(per team)
2015	U8	25 MIN	55X65	35-45 7V7	\$50	\$60 ( ONLY IN PLAYOFFS)
2014	U9	25 MIN	55X65	35-45 7V7	\$50	\$60 ( ONLY IN PLAYOFFS)
2013	U10	25 MIN	55X65	35-45 7V7	\$50	\$60 ( ONLY IN PLAYOFFS)
2012	U11	30 MIN	75X80	45-55 9V9	\$55	\$80
2011	U12	30 MIN	75X80	45-55 9V9	\$55	\$80
2010	U13	35 MIN	100X110	70X80 11V11	\$70	\$90
2009	U14	35 MIN	100X110	70X80 11V11	\$70	\$90
2008	U15	35 MIN	100X110	70X80 11V11	\$70	\$90
2007	U16	35 MIN	100X110	70X80 11V11	\$70	\$90
2006	U17	40 MIN	100X110	70X80 11V11	\$80	\$100
2005	U18	40 MIN	100X110	70X80 11V11	\$80	\$100

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## TBD by PSSLU AND REF ASSOCIATION

### Rules Section 08 - Rules of Competition

League Rules of Competition are a body of rules, which provide for the orderly administration and regulation of league play. These rules extend and modify the FIFA Laws of the Game to account for the special circumstances that exist in the league, including the ages of the players, and the venues available for play, etc.

#### A. Home Team

The team listed first on the schedule is designated as the home team. The home team is responsible for the field, the nets, and the game balls. In the event of uniform color conflict, the home team must change jerseys. The team listed second on the schedule is the away, or visiting, team. The away team will be calling the coin toss at the start of the match.

#### B. Game Cards

Home Teams must provide three (3) copies of the game card, which includes the teams names and uniform colors, the coaches' names, the division, the names and numbers of all players, the date, and the scheduled time and venue for the game. There will a fine if the home team does not provide three (3) copies of the game card. The away Team should print out one (1) copy of the game card in case the home team does not provide the games cards. The game card must be presented to the referee ten minutes prior to the start of a scheduled game.

##### 1. Card Completion

The referee must complete the game card with goals scored, the players substituted, and cautions and ejections issued during the game. In the case of both cautions or /and ejections, the referee must note the player's name and number, and the reason for the action, on the back of the game card. If the referee terminates a game, he must note this on the back of the game Card.

#### C. Participants

Participants at PSSLU-Spring League games are encouraged to behave in a positive and supportive manner. Unless otherwise specified, the word participant is used here to include coaches, trainers, staff, players, substitutes, parents, fans, and casual on-lookers.

##### 1. Spectators Locations

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Spectators must remain outside the touchlines of the field between the two 18-yard lines (i.e., the extensions to the touchlines of the lines demarking the front edges of the penalty areas). Only photographers, with permission of the referee, are allowed behind the goal lines. Spectators shall remain at least three feet back from the touchlines at all times so as to not interfere with play and line-men movement and vision.

## 2. Entering the Field

During a game, including the times at which the game is stopped to substitute players, no one is allowed onto the field of play without the permission of the Referee.

## 3. Coaching Limits

During scheduled PSSLU games, coaching of the players is officially limited to an area on the touchline within 10 yards of either side of the halfway line. Absolutely no coaching is allowed at the goal lines. **Same team players, coaches and spectators are limited to one side of the field. Home team will have choice of side.** In some occasions only, due to field conditions, both teams will be permitted on the same side of the field. Negative coaching such as verbal abuse, mistreatment and assault of players and/or referees shall be dealt with by the Referee per **Section 9.C.4 (below)**.

## 4. Misconduct

Coaches are responsible for the conduct of their players, assistant coaches, staff, and fans - before, during, and after games. Coaches may be cautioned or ejected if anyone from his team fails to maintain reasonable self-control. If a player or Coach is ejected from the field of play by the referee, that player or coach must leave the field/bench area.

- a. If a player or coach is ejected from a game, PSSLU will review the referee's report to take a disciplinary action. Investigation of grave violations may include talking to witnesses, reviewing police reports and calling involved Teams Coaches to a meeting to determine suspensions and fines.
- b. Two yellow cards will carry a suspension of one (1) game. If the red card was for the following fouls: violent conduct, intentional spiking, or striking, the penalty shall be two (2) games minimum. If a player receives a second red card in the same season, the penalty shall be a three (3) games minimum. **Players and/or Team fighting is considered a serious offense that may carry suspensions ranging from three (3) games to expel from the current PSSLU season.**
- c. If a player gets a red card, this player must serve his/her suspension in his/her team's next scheduled league game (s). Coach or Manager of the ejected player should notify the league immediately after the end of the game.
- d. Participants are not permitted to use any type of noise devices such as, but not limited to, horns, whistles, drums, clappers, etc, during or after a match.

## D. Forfeits

A Team forfeits a game if:

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- a) Coach/Manager do not inform PSSLU by Monday evening, prior to the team's next scheduled game. In this case, **the forfeiting team loses the game 3-0.**
- b) If the team does not show up to its scheduled game. In this case, **the forfeiting team loses this game 3-0 and must pay double referee fees. Nor showing up for three (3) games will force PSSLU to dismiss the un-committed team from our PSSLU gaming circuits.**
- c) If a team doesn't field a minimum of 7 players (11vs11 games), 6 players (9vs9) or 5 players (7vs7 games) within 15 minutes of scheduled kick-off. **In this scenario, PSSLU will award the opposing team the win by 3-0 and the losing team must pay double referee fees.**

## E. Report game scores, red and yellow cards

- a) Coaches or Team Managers must text or email game scores, red and yellow cards to the corresponding age division bracketed. Standing table cannot be promptly updated without scores reported. Coaches/Manager who do not report their players yellow/red cards will be assessed a fine and additional suspensions may be considered for the players who were red carded.

## F. Terminations

Any game terminated by a referee must be reported to the league within 48 hours. Only the league has the authority to determine the outcome of the match.

## G. Postponed Games

It is mandatory for all teams to play **ALL** scheduled games unless a valid reason for non-appearance is provided to the League in advance. No games will be postponed.

## H. Club Passing

Club players are allowed to play in teams from their own club according to the following rules:

- a. Players may play in a same age division team and in an upper division team, but not in a lower division teams.
- b. Players who meet the age criteria can play **only one game per day**- except the goalkeeper who can play 2 games per day.
- c. Goalkeepers who meet the age criteria may play two games per day in teams from their same club.
- d. Borrowing players from another club team is not allowed at all.
- e. All borrowed players must have Cal South or PSSLU player cards and their names And player card numbers must be handwritten in the game cards given to the Referee before kickoff – NO EXCEPTIONS.

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- a. Maximum number of players that can be loaned to any 11 vs 11 same club teams is 5, to any 9 vs 9 same club team is 4 and to any 7 vs 7 same club team is 3.

## Rules Section 9 – Equipment

Players from the same team who are participating in an official game are required to wear **same color jerseys, short and socks. Jerseys must have numbers in the back.** No player is allowed to enter the game wearing (or carrying) any article which is judged by the referee to be dangerous, either to the player, or to other players. The goalkeeper of each team shall wear a jersey of a color that distinguishes him/her from all the other players and the referees.

### A. Shoes

Regulation soccer shoes are recommended, in PSSLU competition. Shoes with toe cleats are not allowed. Shoes with metal cleats are not allowed.

### B. Shin Guards

Shin guards are mandatory in all PSSLU competition.

### C. Jewelry

Jewelry or similar objects, which may pose a danger to the player or others, shall not be worn during match playing. Earrings in newly pierced ears may be worn, if covered and padded, and if in the referee's opinion does not pose a safety problem.

### D. Hats and Gloves

No players, except for the goalkeeper, may wear hats or gloves. No players may wear protective helmets. Players may wear head or sweat bands.

### E. Orthopedic Casts

No casts of any design, orthopedic casts or hard brace devices are allowed in PSSLU practices or games. Orthopedic casts and hard brace devices are specifically prohibited by CYSA-S Rules and Regulations.

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## Rules Section 10 – Playoffs

All playoff games will be played with 1 referee and 2 linemen. Rosters will be frozen 5 games prior to the first playoff game and it is the team's responsibility of making sure the team meets that dateline. No overtime in PSSLU playoffs, games finishing up in a tie will directly go to penalty kicks.